UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

OMB APPROVAL
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ATTENTION: Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or

	executing a sale directly with a mar	ket maker.				
1 (a) NAME O Humana Ir	OF ISSUER (Please type or print) nc.		(b) IRS IDENT. NO. 61-0647538	(c) S.E.C. FIL 1-5975	E NO.	
1 (d) ADDRES	SS OF ISSUER ST	REET	CITY	STATE ZIP CODE	E (e) TELEPHONE	
	500 West Main Street	Louisville	KY 4020	2	AREA CODE 502	NUMBER 580-1000
	DF PERSON FOR WHOSE ACCOUNT THE RE TO BE SOLD al		ISSUER Chief Administrative Officer	(c) ADDRESS STREET 500 W. Main Street Louisvi	CITY STATE ZIP CODE ille KY 40202	
	INSTRUCTION: The	e person filing this notice sho	ould contact the issuer to obtain	the I.R.S. identification Number	and the S.E.C. File Number	
3 (a) Title of the Cla of Securities To Be Sold		n To Be r Burlien Dealen (See Inc.	er Units Market	or Other Units Outstanding	Approximate Date of Sale (See Instr. 3(f)) (MO. DAY YR.)	(g) Name of Each Securities Exchange (See instr. 3 q))
Common	Charles Schwab & Co., Inc. 9899 Schwab Way Lone Tree, CO 80124	7,3	373 \$2,536,029.6 based on FMV 12/5/2019 of \$343.961	on 9/30/2019	12/6/2019	NYSE
 (c) Issuer's S. (d) Issuer's ad (e) Issuer's te 2. (a) Name of particular set o		 (b) Name and A (c) Number of 1 (d) Aggregate r (e) Number of 1 by the most (f) Approximat (g) Name of ea 	shares or other units to be sold market value of the securities to shares or other units of the clas t recent report or statement pub te date on which the securities a	s outstanding, or if debt securitie lished by the issuer	gate face amount) thin 10 days prior to the filing of this notice s the face amount thereof outstanding, as show	νn

stockholder, or member of immediate family of any of the foregoing) (c) Such person's address, including zip code

Pote

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1147 (08-07)

TABLE I - SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold

Title of the Class	Date you Acquired		t of all or any part of the purchase price or other con. Name of the Person from Whom Acquired (if gift, also give date donor acquired		Date of Payment	Nature of Payment
Common	12/6/2019	Stock Option Exercise	Issuer	7,373	12/6/2019	Cash
INSTRUCTIO	in cash at t the nature any note c describe th	ities were purchased and full payment therefor was the time of purchase, explain in the table or in a no of the consideration given. If the consideration co r other obligation, or if payment was made in in e arrangement and state when the note or other oblig in full or the last installment paid.	te thereto nsisted of stallments			
	Furi		JRITIES SOLD DURING THE PAST 3 he issuer sold during the past 3 months by the person	for whose account the secu		l
	Nam	e and Address of Seller	Title of Securities Sold		Amount of ecurities Sold	Gross Proceeds
the person for v that definition.	on of "person" in pa whose account the s In addition, infor	ecurities are to be sold but also as to all other pers mation shall be given as to sales by all persons v	ATTENTION: n not only as to The person for whose account the sec ons included in this notice that he does not know of whose sales areoperations of the issuer of the secun he person filing adopted a written trading plan or g signing the form and indicating the do representation as of the plan adoption	any material adverse info rities to be sold which ha iven trading instructions t ate that the plan was adopt	rmation in regard s not been publicly o satisfy Rule 10b5	to the current and prospective disclosed. If each person has -1 under the Exchange Act, by
		12/6/2019 DATE OF NOTICE		/s/ Timothy S. F (SIGNATURE		

DATE OF PLAN OR GIVING OF INSTRUCTION, IF RELYING ON RULE 10B5-1

This notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed. Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)

SEC 1147 (02-08)