FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] GOODMAN BRUCE J						2. Issuer Name and Ticker or Trading Symbol HUMANA INC [HUM]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) HUMAN		(First) (Middle				3. Date of Earliest Transaction (Month/Day/Year) 08/07/2003									X Officer (give title Other (specify below) below) Sr VP & Chief Serv. & Info. Of						
500 WEST MAIN STREET						4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)	ILLE KY 40202				_	X															
(City)	(S	(State) (Zip)																			
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 4. Title of Description (Instance) 2. Transaction 24. Description 3. Transaction 24. Description																				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				/Year) i	Exect if any	A. Deemed xecution Date, any /lonth/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired Disposed Of (D) (Instr. and 5)			5. Amour Securities Beneficia Owned Following	s Ily	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
									Code	v	Amount		(A) or (D)	Price	Reported Transacti (Instr. 3 a	on(s)	(1130.	-,	(1130	,	
Humana Common ⁽¹⁾ 08/07/200)3			F		50,98	35 D		\$16.10	5 108,	108,229		D			
Humana Common ⁽¹⁾															6,2	6,265		I B		otnote ⁽²⁾	
			Та	ble II - Der (e.g					quired, D s, option		-			-)wned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		5. Number		6. Date Exercisable Expiration Date (Month/Day/Year)		able and			Amount s Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisab		xpiration ate	Titl	le	Amoun or Number of Shares	1						
Options ⁽³⁾	\$11.625					Γ			(4)	0	4/12/2009		lumana mmon ⁽¹⁾	50,000		50,000 D		T			
Options ⁽³⁾	\$ 9.5938					Γ			(5)	0	9/09/2009		lumana mmon ⁽¹⁾	25,000		25,0	25,000		T		
Options ⁽³⁾	\$12.995								(6)	0	3/13/2012		lumana mmon ⁽¹⁾	30,000		30,0	,000 D				
Options ⁽³⁾	\$12.515								(7)	1	1/07/2012		lumana mmon ⁽¹⁾	30,000		30,0	0,000 D				
Options ⁽³⁾	\$9.26								(8)	0	3/13/2013		lumana mmon ⁽¹⁾	50,000		50,0	000	D			
Phantom Stock Units	(9)								(9)		(9)		lumana mmon ⁽¹⁾	1,727		1,7	27	I		See Footnote ⁽⁹⁾	

Explanation of Responses:

1. Each share of Common Stock contains a Right adopted on March 5, 1987, pursuant to the Company Rights Agreement, as amended and restated on February 14, 1996, and amended as of May 27, 1998 and March 1, 1999, which entitles holders of the Company's Common Stock, in the event certain specified events occur, to acquire 1/100 of a share of Series A Participating Preferred Stock at a price of \$145 per fractional share.

2. Shares held for the benefit of reporting person as of July 31, 2003 under the Humana Retirement & Savings Plan including a routine disposition of shares to fund an administrative fee assessment under a Tax-Conditioned Plan, both exempt under Rule 16b-3(c).

3. Right to buy pursuant to the Company's 1996 Stock Incentive Plan for Employees.

4. Incentive and Non-Qualified stock options granted to reporting person on 4/12/99, vesting in four increments each from 4/12/01 to 4/12/04.

5. Incentive and Non-Qualified stock options granted to reporting person on 9/9/99, NQ options vesting in two increments on 9/9/01 and 9/9/02, and ISO's vesting on 9/9/00.

6. Incentive and Non-Qualified stock options granted to reporting person on 3/13/02, NQ options vesting in three increments from 3/13/03 to 3/13/05, and ISO's vesting on 3/13/05.

7. Non-Qualified stock options granted to reporting person on 11/7/02, vesting in three increments from 11/7/03 to 11/7/05.

8. Incentive and Non-Qualified stock options granted to reporting person on 3/13/03, NQ options vesting in three increments from 3/13/04 to 3/13/06, and ISO's vesting on 3/13/06.

9. Phantom Stock Units held for the benefit of reporting person as of July 31, 2003, convertible into common stock on a 1-for-1 basis, under the Humana Excess Plan, exempt under Rule 16b-3(d).

Remarks:

Bruce J. Goodman

** Signature of Reporting Person

08/11/2003

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.