

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 WASHINGTON, D.C. 20549
 FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

() Check this box if no longer subject to Section 16.
 Form 4 or Form 5 obligations may continue. See Instructions 1(b).

1. Name and Address of Reporting Person

Noland, Jr., Thomas T.
 500 West Main Street
 Louisville, KY 40202
 USA

2. Issuer Name and Ticker or Trading Symbol

Humana Inc.
 HUM

3. IRS or Social Security Number of Reporting Person (Voluntary)

4. Statement for Month/Year

August 31, 2000

5. If Amendment, Date of Original (Month/Year)

6. Relationship of Reporting Person(s) to Issuer (Check all applicable)

() Director () 10% Owner (X) Officer (give title below) () Other
 (specify below)

Senior Vice President of Corporate Communications

7. Individual or Joint/Group Filing (Check Applicable Line)

(X) Form filed by One Reporting Person
 () Form filed by More than One Reporting Person

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security	2. Transaction Date	3. Code	4. Securities Acquired or Disposed of (D) Amount	5. Amount of Securities Beneficially Owned at End of Month	6. Director (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership
Common (1)	8/7/00	A	130,000	32,500	I	Custodian for Children
Common (1)				32	I	Wife as Cust. for Children
Common (1)				1,056	I	Wife
Common (1)				17,092	I	HRSP (2)
Common (1)				12,045	I	HRSP - Wife (2)

Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date	4. Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D) Amount	6. Date of Exercise (Month/Day/Year)	7. Title and Number of Underlying Securities	8. Price of Underlying Securities	9. Number of Derivative Securities	10. Nature of Derivative Securities	11. Director (D) or Indirect (I) Beneficial Ownership
Option (3)	15.5938				9/17/99	1/15/08 Common (1)	2,900	2,900	D	
Option (3)	15.5938				1/15/00	1/15/08 Common (1)	2,900	2,900	D	
Option (3)	15.5938				1/15/01	1/15/08 Common (1)	2,900	2,900	D	
Option (3)	15.5938				9/17/99	1/15/07 Common (1)	9,525	9,525	D	
Option (3)	15.5938				7/10/00	7/10/07 Common (1)	9,525	9,525	D	
Option (3)	15.5938				7/10/01	7/10/07 Common (1)	9,525	9,525	D	
Option (3)	15.5938				7/10/02	7/10/07 Common (1)	9,525	9,525	D	
Option (3)	19.25				1/15/00	1/15/09 Common (1)	1,667	1,667	D	
Option (3)	19.25				1/15/01	1/15/09 Common (1)	1,667	1,667	D	
Option (3)	19.25				1/15/02	1/15/09 Common (1)	1,666	1,666	D	
Option (3)	19.5938				9/9/00	9/9/09 Common (1)	5,000	5,000	D	

Option (3)	9.5938					9/9/01	9/9/01	Common (1)	15,000		15,000	D
						1	9					
Option (3)	9.5938					9/9/01	9/9/01	Common (1)	15,000		15,000	D
						2	9					
Phantom Stock Units (4) 1-for-1)						(4)	(4)	Common (1)	260		260	D

Explanation of Responses:

(1) Each share of Common Stock contains a Right adopted on March 5, 1987, as amended and restated on February 14, 1996, and as amended on May 27, 1998 and March 1, 1999, pursuant to the Company Rights

Agreement which entitles holders of the Company's Common Stock, in the event certain specified events occur, to acquire 1/100 of a share of Series A Participating Preferred Stock at a price of \$145 per fractional share.

(2) Shares held for the benefit of myself and my wife as of June 30, 2000, under the Humana Retirement and Savings Plan ("HRSP"), and a routine disposition of shares to fund an administrative fee assessment under a Tax-Conditioned Plan, exempt under Rule 16b-3.

(3) Right to buy pursuant to the Company's 1996 Stock Incentive Plan for Employees.

(4) Phantom Stock Units held for my benefit as of June 30, 2000 under the Humana Excess Plan, exempt under

Rule 16b-3(d).