

500 West Main Street
P.O. Box 1438
Louisville, KY 40202
<http://www.humana.com>

news release

For More Information Contact:

Regina Nethery
Humana Investor Relations
(502) 580-3644
Rnethery@humana.com

Tom Noland
Humana Corporate Communications
(502) 580-3674
Tnoland@humana.com



Humana Inc. to Present at the Cowen and Company 31st Annual Health Care Conference

LOUISVILLE, KY – March 2, 2011 – Humana Inc. (NYSE: HUM) announced today that James H. Bloem, senior vice president, chief financial officer and treasurer, will make a presentation to investors at the Cowen and Company 31st Annual Health Care Conference on Tuesday, March 8, 2011, at 10:15 a.m. eastern time.

A live audio webcast of the presentation along with the accompanying slides will be available via Humana's Investor Relations page at www.humana.com. The company suggests webcast participants sign on approximately 15 minutes in advance of the presentation to allow time to run a system test and download any free software needed for access purposes.

Humana Inc., headquartered in Louisville, Kentucky, is one of the nation's largest publicly traded health and supplemental benefits companies, with approximately 10.2 million medical members, 7.1 million specialty members, and operates more than 300 medical centers and 240 worksite medical facilities. Humana is a full-service benefits and well-being solutions company, offering a wide array of health, pharmacy and supplemental benefit plans for employer groups, government programs and individuals, as well as primary and workplace care through its medical centers and worksite medical facilities.

Over its 50-year history, Humana has consistently seized opportunities to meet changing customer needs. Today, the company is a leader in consumer engagement, providing guidance that leads to lower costs and a better health plan experience throughout its diversified customer portfolio.

More information regarding Humana is available to investors via the Investor Relations page of the company's web site at www.humana.com, including copies of:

- Annual reports to stockholders;
- Securities and Exchange Commission filings;
- Most recent investor conference presentations;
- Quarterly earnings news releases;
- Replays of most recent earnings release conference calls;
- Calendar of events (including upcoming earnings conference call dates and times, as well as planned interaction with research analysts and institutional investors);
- Corporate Governance information.

###