

SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549

FORM 8-K

Current Report  
Pursuant to Section 13 or 15(d)  
of the Securities Exchange Act of 1934

Date of Report: July 10, 1996  
(Date of Earliest Event Reported)

HUMANA INC.  
(Exact name of Registrant as specified in its Charter)

Delaware	1-5975	61-0647538
(State of	(Commission	(I.R.S. Employer
Incorporation)	File Number)	Tax Identification
		No.)

500 West Main Street  
Louisville, KY 40202  
(Address of principal executive offices)

(502) 580-1000  
(Registrant's telephone number, including area code)

Item 5. Other Events

On July 10, 1996, Humana Inc. (the "Company" or "Registrant") issued a press release, a copy of which is attached hereto as Exhibit 99 and is incorporated herein by reference.

Item 7. Financial Statements and Exhibits.

Exhibit 99. Copy of the Company's Press Release dated July 10, 1996.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this Report to be signed on its behalf by the undersigned hereunto duly authorized.

HUMANA INC.

/s/ Arthur P. Hipwell  
By: Arthur P. Hipwell  
Senior Vice President  
and General Counsel

Dated: July 10, 1996

Exhibit Index

Exhibit 99. Copy of the Company's Press Release dated July 10, 1996.

Laurie Scarborough  
Investor Relations  
502/580-1037  
July 10, 1996

HUMANA ANNOUNCES MANAGEMENT CHANGES

Louisville, KY -- Humana Inc. (NYSE: HUM) announced today the retirement of its president and chief operating officer, Wayne T. Smith, age 50. Mr. Smith also resigned as a member of Humana's Board of Directors.

Mr. Gregory H. Wolf, Senior Vice President - Sales and Marketing, will succeed Mr. Smith as Chief Operating Officer. Mr. David A. Jones, 64, Chairman of the Board and Chief Executive Officer (CEO) of the company, who had intended to retire as CEO by year end, has been requested by the Board to remain as Chairman and CEO, and has agreed to do so.

Mr. Wolf joined Humana in October, 1995, as a result of Humana's acquisition of EMPHESYS Financial Group, Inc. where he served as president and chief operating officer.

Headquartered in Louisville, Kentucky, Humana provides managed health care services to 3.7 million medical members through the operation of health maintenance organizations and preferred provider organizations nationwide.