

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 WASHINGTON, D.C. 20549  
 FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

( ) Check this box if no longer subject to Section 16.  
 Form 4 or Form 5 obligations may continue. See Instructions 1(b).

1. Name and Address of Reporting Person

Murray, James E.  
 500 W. Main St.  
 Louisville, KY 40202  
 USA

2. Issuer Name and Ticker or Trading Symbol

Humana Inc.  
 HUM

3. IRS or Social Security Number of Reporting Person (Voluntary)

4. Statement for Month/Year

August 31, 2000

5. If Amendment, Date of Original (Month/Year)

6. Relationship of Reporting Person(s) to Issuer (Check all applicable)

( ) Director ( ) 10% Owner (X) Officer (give title below) ( ) Other  
 (specify below)

Chief Operating Officer-Health Plan Division and Acting Chief Financial Officer

7. Individual or Joint/Group Filing (Check Applicable Line)

(X) Form filed by One Reporting Person  
 ( ) Form filed by More than One Reporting Person

1. Title of Security	2. Transaction Date	3. Code	4. Securities Acquired or Disposed of (A) Amount	5. Amount of Securities Beneficially Owned at End of Month Price	6. Direct or Indirect (D or I)	7. Nature of Indirect Beneficial Ownership
Common (1)	8/7/00	A	150,000	176,375	D	
Common (1)				11,714	I	HRSP (3)

1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction Date	4. Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D)	6. Date Exercisable or Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities	8. Price of Derivative Security	9. Number of Derivative Securities	10. Direct or Indirect (D or I)	11. Nature of Indirect Beneficial Ownership
Option (2)	11.0131				09/13/91-09/13/00	Common (1)	2,500	2,500	D	
Option (2)	11.0131				09/13/92-09/13/00	Common (1)	2,500	2,500	D	
Option (2)	11.0131				09/13/93-09/13/00	Common (1)	2,500	2,500	D	
Option (2)	8.9098				11/18/92-11/18/01	Common (1)	1,667	1,667	D	
Option (2)	8.9098				11/18/93-11/18/01	Common (1)	1,667	1,667	D	
Option (2)	8.9098				11/18/94-11/18/01	Common (1)	1,666	1,666	D	
Option (2)	6.5625				04/14/95-04/14/03	Common (1)	31,250	31,250	D	
Option (2)	6.5625				04/14/96-04/14/03	Common (1)	31,250	31,250	D	
Option (2)	6.5625				04/14/97-04/14/03	Common (1)	31,250	31,250	D	
Option (2)	6.5625				04/14/98-04/14/03	Common (1)	31,250	31,250	D	
Option (2)	15.5938				9/17/99-11/12/05	Common (1)	34,400	34,400	D	
Option (4)	15.5938				9/17/99-11/9/07	Common (1)	39,936	39,936	D	

Option (4)	15.5938					1/9/01	1/9/01	Common (1)	19,669		19,669	D
Option-ISO(4)	15.5938					9/17/99	1/15/08	Common (1)	4,316		4,316	D
Option-ISO(4)	15.5938					1/15/00	1/15/08	Common (1)	4,316		4,316	D
Option-ISO(4)	15.5938					1/15/01	1/15/08	Common (1)	4,316		4,316	D
Option-NQ(4)	15.5938					9/17/99	1/15/08	Common (1)	7,284		7,284	D
Option-NQ(4)	15.5938					1/15/00	1/15/08	Common (1)	7,284		7,284	D
Option-NQ(4)	15.5938					1/15/01	1/15/08	Common (1)	7,284		7,284	D
Option(4)	19.25					1/15/00	1/15/09	Common (1)	10,000		10,000	D
Option(4)	19.25					1/15/01	1/15/09	Common (1)	10,000		10,000	D
Option(4)	19.25					1/15/02	1/15/09	Common (1)	4,806		4,806	D
Option-ISO(4)	19.25					1/15/02	1/15/09	Common (1)	5,194		5,194	D
Option(4)	7.4688					11/18/00	11/18/09	Common (1)	33,334		33,334	D
Option(4)	7.4688					11/18/01	11/18/09	Common (1)	33,333		33,333	D
Option(4)	7.4688					11/18/02	11/18/09	Common (1)	33,333		33,333	D

Explanation of Responses:

- (1) Each share of Common Stock contains a Right adopted on March 5, 1987, as amended and restated on February 14, 1996, and amended as of May 27, 1998 and March 1, 1999, pursuant to the Company's Rights Agreement which entitles holders of the Company's Common Stock in the event certain specified events occur to acquire 1/100th of a share of Series A Participating Preferred Stock at a price of \$145 per fractional share.
- (2) Right to buy pursuant to the Company's 1989 Stock Option Plan for Employees.
- (3) Shares held for my benefit as of June 30, 2000 under the Humana Retirement and Savings Plan ("HRSP") and a routine disposition of shares to fund an administrative fee assessment under a Tax-Conditioned Plan, exempt under Rule 16b-3(c).
- (4) Right to buy pursuant to the Company's 1996 Stock Incentive Plan.