

500 West Main Street
P.O. Box 1438
Louisville, KY 40202
<http://www.humana.com>

news release

For More Information Contact:

Regina Nethery
Humana Investor Relations
(502) 580-3644
Rnethery@humana.com



Tom Noland
Humana Corporate Communications
(502) 580-3674
Tnoland@humana.com

Humana Inc. to Present at the Wedbush Securities Life Sciences Best Ideas Conference

LOUISVILLE, KY – July 30, 2010 – Humana Inc. (NYSE: HUM) announced today that Regina C. Nethery, vice president of investor relations, will make a presentation to investors at the Wedbush Securities Life Sciences Best Ideas Conference on Wednesday, August 3, 2010, at 11:10 a.m. eastern time.

A live audio webcast of the presentation along with the accompanying slides will be available via Humana's Investor Relations page at www.humana.com. The company suggests webcast participants sign on approximately 15 minutes in advance of the presentation to allow time to run a system test and download any free software needed for access purposes.

Humana Inc., headquartered in Louisville, Kentucky, is one of the nation's largest publicly traded health and supplemental benefits companies, with approximately 10.4 million medical members and approximately 7.2 million specialty-benefit members. Humana is a full-service benefits solutions company, offering a wide array of health and supplemental benefit plans for employer groups, government programs and individuals.

Over its 49-year history, Humana has consistently seized opportunities to meet changing customer needs. Today, the company is a leader in consumer engagement, providing guidance that leads to lower costs and a better health plan experience throughout its diversified customer portfolio.

More information regarding Humana is available to investors via the Investor Relations page of the company's web site at www.humana.com, including copies of:

- Annual reports to stockholders;
- Securities and Exchange Commission filings;
- Most recent investor conference presentations;
- Quarterly earnings news releases;
- Replays of most recent earnings release conference calls;
- Calendar of events (including upcoming earnings conference call dates and times, as well as planned interaction with research analysts and institutional investors);
- Corporate Governance information.

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