

OMB APPROVAL	
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MURRAY JAMES E (Last) (First) (Middle) HUMANA INC. 500 WEST MAIN STREET (Street) LOUISVILLE KY 40202 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol HUMANA INC [HUM]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) COO-Mkt & Bus. Segment Ops
	3. Date of Earliest Transaction (Month/Day/Year) 01/05/2005	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Humana Common ⁽¹⁾	01/05/2005		M		34,400	A	\$15.5938	259,526	D	
Humana Common ⁽¹⁾	01/05/2005		F		18,301	D	\$29.31	241,225	D	
Humana Common ⁽¹⁾	01/05/2005		F		5,608	D	\$29.385	235,617	D	
Humana Common ⁽¹⁾								7,361	I	See Footnote ⁽²⁾
Humana Common ⁽¹⁾								19,041	I	See Footnote ⁽³⁾

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Options ⁽⁴⁾	\$15.5938	01/05/2005		M		34,400		09/17/1999	01/12/2005	Humana Common ⁽¹⁾	34,400	\$15.5938	0	D	
Options ⁽⁴⁾	\$15.5938							01/09/2000 ⁽⁵⁾	01/09/2007	Humana Common ⁽¹⁾	59,605		59,605	D	
Options ⁽⁴⁾	\$15.5938							01/15/2001 ⁽⁶⁾	01/15/2008	Humana Common ⁽¹⁾	34,800		34,800	D	
Options ⁽⁴⁾	\$19.25							01/15/2002 ⁽⁷⁾	01/15/2009	Humana Common ⁽¹⁾	30,000		30,000	D	
Options ⁽⁴⁾	\$7.4688							11/18/2002 ⁽⁸⁾	11/18/2009	Humana Common ⁽¹⁾	100,000		100,000	D	
Options ⁽⁴⁾	\$12.995							03/13/2005 ⁽⁹⁾	03/13/2012	Humana Common ⁽¹⁾	20,000		20,000	D	
Options ⁽⁴⁾	\$9.26							03/13/2006 ⁽¹⁰⁾	03/13/2013	Humana Common ⁽¹⁾	50,000		50,000	D	
Options ⁽¹¹⁾	\$21.275							(12)	02/24/2014	Humana Common ⁽¹⁾	85,000		85,000	D	
Phantom Stock Units	(13)							(13)	(13)	Humana Common ⁽¹⁾	9,564		9,564	I	See Footnote ⁽¹³⁾

Explanation of Responses:

