FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person [®] DAMELIO FRANK A | | | | | | 2. Issuer Name and Ticker or Trading Symbol HUMANA INC [HUM] | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner | | | | |
|--|---|--|---------------------------|--|---|---|-----------|------------------------------------|---|--------|-------------------------------|---|--|--|--|-----------------------------|---|-------------------------|
| (Last) | | irst) (|) | 3. Date of Earliest Transaction (Month/Day/Year) 01/03/2005 | | | | | | | | | | r (give title | | Other (below) | | |
| LUCENT TECHNOLOGIES INC. 600 MOUNTAIN AVENUE | | | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | Individual or Joint/Group Filing (Check Applicable ie) | | | | |
| (Street) MURRAY HILL NJ 07974 | | | | | | | | | | | | | | Form | Form filed by One Reporting Person Form filed by More than One Reporting Person | | | |
| (City) (State) (Zip) | | | | | | | | | | | | | | | | | | |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | | |
| 1. Title of Security (Instr. 3) Date (Month/Day/ | | | | | Exec if an | Deemed cution Date, וע nth/Day/Year) | | Transaction Dis Code (Instr. 5) | | Dispos | rities Acqui ed Of (D) (In | | nd Securi Benefi Owned | cially | Forr (D) d Indi | n: Direct or rect (I) | 7. Nature of Indirect Beneficial Ownership | |
| | | | | | | | | | Code | v | Amoun | t (A) or (D) | Price | Repor Transa | Following Reported Transaction(s) (Instr. 3 and 4) | | tr. 4) | (Instr. 4) |
| Humana Common ⁽¹⁾ 01/03/20 | | | | | 2005 | 05 | | | A ⁽²⁾ | | 3,40 | 3,400 A \$2 | | 15 7 | ,202 | | D | |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | Execution Date, if any | | 4. Transaction Code (Instr. 8) | | on Number | | 6. Date Exe Expiration (Month/Day | Date | | nd 7. Title and Ame of Securities Underlying Derivative Secu (Instr. 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | 9. Numbe derivative Securities Beneficial Owned Following Reported Transactii (Instr. 4) | s Ily J | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership |
| | | | | | Code | v | (A) | (D) | Date Exercisable | | piration ate | Title | Amount or Number of Shares | | | | | |
| Option ⁽³⁾ | \$18.03 | | | | | | | | 09/11/2004 | 09 | /11/2013 | Humana Common ⁽¹⁾ | 15,000 | | 15,000 | 0 | D | |
| Option ⁽³⁾ | \$23.05 | | | | | | | | 01/02/2005 | 01 | /02/2014 | Humana Common ⁽¹⁾ | 2,500 | | 2,500 | | D | |

Explanation of Responses:

1. Each share of Common Stock contains a Right adopted on March 5, 1987, pursuant to Humana Inc.'s Rights Agreement, as amended and restated on February 14, 1996, and amended as of May 27, 1998 and March 1, 1999, which entitles holders of Humana's Common Stock, in the event certain specified events occur, to acquire 1/100 of a share of Series A Participating Preferred Stock at a price of \$145 per fractional share.

2. Award of stock pursuant to Humana Inc's 2003 Stock Incentive Plan in lieu of director fees exempt under 16(b)-3(d)(1).

3. Right to buy pursuant to Humana Inc.'s 2003 Stock Incentive Plan.

Remarks:

Frank A. D'Amelio

01/03/2005

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.